

MADE FOR YOU.
GREAT STUFF.
Every day.

Week 1

01/09/26, 21/09/26, 12/10/26,
 09/11/26, 30/11/26, 04/01/27,
 25/01/27

Canvey Infant & Junior School
 Autumn/Winter 2026/7

MEAT-FREE
Monday



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	CHEESE & TOMATO PIZZA & WEDGES	CHICKEN CURRY & RICE	ROAST CHICKEN, ROASTIES, YORKSHIRE PUD & GRAVY	SPAGHETTI MEATBALLS	CHICKEN NUGGETS & CHIPS
VEGETARIAN	CHEESY TOMATO PASTA BAKE & GARLIC BREAD	VEGETABLE KORMA & RICE	CHEESE & TOMATO PINWHEEL, ROASTIES, YORKSHIRE PUD & GRAVY	MACARONI CHEESE	QUORN NUGGETS & CHIPS (Ve)
OPTION 3	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE
SIDES	BAKED BEANS BROCCOLI	CARROTS SWEETCORN	CARROTS BROCCOLI	SWEETCORN GREEN BEANS	PEAS BAKED BEANS
DESSERT	LEMON & COURGETTE CAKE	OATY COOKIE (Ve)	RASPBERRY JELLY (Ve)	APPLE & CINAMMON WHIRL (Ve)	ICE CREAM & PEACHES

AVAILABLE DAILY

FRESH BREAD & SALAD BAR
 YOGHURT & FRESH FRUIT

We always meet the government food-based standard for school lunches. All of our meals are freshly prepared on-site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.



SCAN FOR ALLERGENS



MADE FOR YOU.
GREAT STUFF.
Every day.

Week 2

07/09/26, 28/09/26,
 19/10/26, 16/11/26,
 07/12/26, 11/01/27, 01/02/27

Canvey Infant & Junior School
 Autumn/Winter 2026/7

MEAT-FREE
Monday



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	CHEESE & TOMATO PIZZA & WEDGES	BBQ CHICKEN, BEAN & RICE WRAP	ROAST PORK, ROASTIES, YORKSHIRE PUD & GRAVY	BEEF LASAGNE	SAUSAGE ROLL & CHIPS
VEGETARIAN	TOMATO PASTA (Ve) & GARLIC BREAD	BBQ BEAN & CHEESE RICE WRAP	CHEESE & TOMATO PINWHEEL, ROASTIES, YORKSHIRE PUD & GRAVY	VEGETABLE LASAGNE	VEGAN SAUSAGE ROLL & CHIPS (Ve)
OPTION 3	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE
SIDES	BAKED BEANS BROCCOLI	CARROTS SWEETCORN	CARROTS BROCCOLI	SWEETCORN GREEN BEANS	PEAS BAKED BEANS
DESSERT	ICED CARROT CAKE (Ve)	CHOCOLATE BROWNIE	STRAWBERRY JELLY (Ve)	OATY COOKIE WITH RAISINS (Ve)	ICE CREAM & PEACHES

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AVAILABLE DAILY

FRESH BREAD & SALAD BAR
 YOGHURT & FRESH FRUIT



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Week 3

14/09/26, 05/10/26,
 02/11/26, 23/11/26,
 14/12/26, 18/01/27, 08/02/27

Canvey Infant & Junior School
 Autumn/Winter 2026/7

MEAT-FREE
Monday



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	CHEESE & TOMATO PIZZA & WEDGES	SPECIAL FRIED RICE	SAUSAGES, ROASTIES & GRAVY	SPAGHETTI BOLOGNAISE	SALMON FISHCAKES OR FISH FINGERS & CHIPS
VEGETARIAN	CHEESY VEGGIE MINCE PASTA BAKE	VEGETARIAN CHILLI & RICE (Ve)	VEGETARIAN SAUSAGES, ROASTIES & GRAVY (Ve)	QUORN BOLOGNAISE & PASTA	VEGETABLE NUGGETS & CHIPS (Ve)
OPTION 3	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE	JACKET POTATO WITH BEANS, TUNA OR CHEESE
SIDES	BAKED BEANS BROCCOLI	CARROTS SWEETCORN	CARROTS BROCCOLI	SWEETCORN GREEN BEANS	PEAS BAKED BEANS
DESSERT	VANILLA COOKIE (Ve)	APPLE & CINAMMON CAKE	ORANGE JELLY (Ve)	STICKY TOFFEE PUDDING & TOFFEE SAUCE	ARCTIC ROLL & PEACHES

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AVAILABLE DAILY

FRESH BREAD & SALAD BAR
 YOGHURT & FRESH FRUIT



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