

Dear Parents and Carers

As online safety is such an important issue, The Essex Child and Family Well-being Service is providing a free virtual e-safety parent workshop on Wednesday 10th December from 8-9.30pm.

As very young children are now accessing telephones and tablets to play games, I urge you to take the time to attend the workshop. The presenters are very knowledgeable and will give valuable information about the online world and how our children are using it, often from a very young age, navigating around restrictions and using the internet without the parent's knowledge.

This includes :

- Favourite apps and games.
- Dangers they face
- How children and young people are being influenced online
- Solutions that parents can adopt to help keep their children safe.
- Stranger Danger message that parents are familiar with and make it ready for 2021

To book your place now please call us on 0300 247 0013

I will be very interested to hear your thoughts following the workshop - it is a real eye-opener.

Yours sincerely



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