

Dear parents and carers,

The Coram Life Education & SCARF team will be visiting our school virtually this term with their SCARF Live Online workshops.

The children's charity Coram Life Education provides Health and Wellbeing Education support to schools. Workshops are delivered by skilled educators and the SCARF resource is the framework of our PSHE (Personal, Social, Health and Economic) education curriculum.

### **Workshops – Live Online**

The fun, interactive and age-appropriate workshops help children to understand the importance of physical and emotional health; they learn vital life-skills that are also known to help their overall achievement.

- Early Years and Key Stage 1: children learn about keeping their bodies healthy, managing feelings, and being a good friend.
- Key Stage 2: children explore emotional needs, choices that can affect health and wellbeing, qualities of friendship and also learn strategies for looking after their emotional needs.

### **Wider PSHE education and SCARF**

Over 45,000 teachers across the UK are now subscribers – here are some reasons why our school has chosen this resource:

- SCARF provides a whole-school approach to building the essential foundations for children to achieve their best, academically and socially
- Supports learning across all ages
- Timetabled lessons to support mental health & wellbeing
- Covers all the new DfE statutory requirements for Relationships and Health Education
- Regularly updated online curriculum
- Supports our school in meeting Ofsted's expectations
- UK's leading charity provider – not for profit

To find out more about Coram Life Education and SCARF visit their website: [www.coramlifeeducation.org.uk](http://www.coramlifeeducation.org.uk)