



Skipping Workshops



Dear Parents,

Skipping Workshops to be held on Friday 14th March.

I am delighted to inform you that we have invited Skipping Workshops to work with our school, teaching different skipping skills to every class.

Skipping Workshops have presented demonstrations in over 3000 schools and are the longest most experienced company in the UK.

To help children & parents interested in encouraging skipping we have a series of brief videos that illustrate various skills & challenges <http://www.skipping-workshops.co.uk/videos/>

Their aim is to introduce modern and traditional skipping games including individual rope tricks, speed skills and Double Dutch, back into the playground and into the PE curriculum.

The same high quality ‘**speed ropes**’ as used by the international team, will be available to buy or order using the form below for **£6**. The ropes are British made to a high standard, are light and turn easily to allow children and adults to progress rapidly. Colour change solar ropes are **£7**. Adult ropes are also available for taller children and your personal fitness/weight loss etc at **£7** each, 4m ‘family ropes’ at **£9** each and 2 x 4m Double Dutch set for **£16**.

Ropes will be available to purchase after school from your skipping coach. Cash/Card payments.

PRE ORDERS: Please put the correct cash or cheque in an envelope with your child’s name class and rope order on the front and hand it to your teacher.

Ropes can also be purchased through our website www.skipping-workshops.co.uk

Yours sincerely,

Mrs Sandra Dorrington - Head teacher

Name of Child:.....Class:.....

- x children’s ropes (£6.00 each)
- x children’s SOLAR rope (£7 each)
-x adult ropes (£7 each)
-x family ropes (£9 each)
-x Double Dutch ropes (£16 each set)

I enclose payment of £..... (Cheques made payable to ‘Skipping Workshops’)